

Free Programming Activities

Leadership Weekend 2026

Map Locations

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Activities & Locations

Food Trucks

WinShape Centre Parking Lot

- **Friday:** Enjoy your free time with a cozy drink from Tuesday Coffee, a sweet treat from Sweet Frog Frozen Yogurt, or savory bites from Blossom Hill. You can find all of them out in front of the WinShape Centre. *(Note: Sweet Frog will be with us only from 2-3 p.m.)*
- **Saturday:** Our friends from Tuesday Coffee will be joining us again today! We will also be welcoming Worth's Chicken House for some delicious chicken and waffle snacks or grab a refreshing acai bowl from Heavenly Bowls! You can find all of them out in front of the WinShape Centre.

Escape Room Experience

Field 1

- **Time Commitment:** 30 minutes
- **Number of Participants:** 5 teams at a time, 6 people per team, per session
- **Session Schedule:** 2:15 p.m., 2:45 p.m., 3:15 p.m.
- **Description:** We have brought in Atlanta's very own, *Time to Escape*, company to guide you through an augmented reality escape room.

Step into the world of W.I.S.E., an independent international intelligence agency racing to stop Spider Technologies from unleashing a global mind-control virus. In this immersive team-building adventure, you and your group become secret agents tasked with uncovering clues, cracking codes, and securing the antidote before time runs out. It's fast-paced, collaborative, and designed to bring out your team's best problem-solving skills while having a whole lot of fun.

Pickleball

The Courts

- **Time Commitment:** Up to your team!
- **Number of Participants:** We have 4 courts where we can have 4 doubles games going at a time! This activity will be first come, first served.
- **Description:** Enjoy some active fun during free time with open pickleball play. We have four courts, allowing four doubles games to run at once, and all experience levels are invited to jump in. This activity is first-come, first-served.

Fishing Tournament

The Lake

- **Time Commitment:** Up to your team!
- **Number of Participants:** TBD
- **Description:** Join us by the lake for a relaxed but competitive fishing tournament during free time. Every fish caught will be weighed, and the fisherman (or woman) with the **largest catch** may just walk away with a prize. Whether you're an experienced fisherman or just enjoy a quiet cast by the water, this is a fun way to spend the afternoon. This activity is first-come, first-served.

Painting

The Lake Pavilion

- **Time Commitment:** 45 minutes
- **Number of Participants:** 27 per session
- **Session Schedule:** 2:05-2:50 p.m. and 3:05-3:50 p.m.
- **Description:** Join us for a hands-on painting session led by one of WinShape’s most artistic alumni, Sydney Smith. She’s local oil painter and creative contributor to several WinShape projects, Sydney brings her talent, warmth, and eye for detail to this special free-time workshop. You’ll learn techniques step-by-step as you create your very own painted view of Mt. Berry to take home. No experience needed—just come ready to have fun, create, and be inspired.

Goat Yoga

WinShape Centre Circle

- **Time Commitment:** 30 minutes
- **Number of Participants:** 36 per session
- **Session Schedule:** 2:15-2:45 p.m. and 3:15-3:45 p.m.
- **Description:** Looking for the perfect blend of relaxation and ridiculous joy? Goat Yoga brings gentle stretching, lighthearted movement, and a whole lot of laughter as friendly goats wander, nuzzle, and occasionally hop onto your mat. It’s a playful, low-pressure way to unwind with your team, reset your mind, and make memories you’ll be talking about all weekend. No yoga experience is required! (Please adhere to the WinShape appearance guideline while partaking in yoga.)

GellyBall

Pine Lodge Field

- **Time Commitment:** 30 minutes
- **Number of Participants:** 20 per session
- **Session Schedule:** 2:15-2:45 p.m., 2:50-3:20 p.m., 3:25-3:55 p.m.
- **Description:** Get ready for fast-paced fun with GellyBall—a high-energy, low-impact battle experience perfect for unleashing your competitive side. Using soft, water-based “gelllets” and lightweight blasters, you’ll dive into team challenges, dodge behind inflatable bunkers, and strategize your way to victory. It’s safe, mess-free, and designed for all skill levels.

Candle Making

The Hub Patio

- **Time Commitment:** 45 minutes
- **Number of Participants:** 24 participants per session
- **Session Schedule:** 2:15-3:00 p.m. and 3:15-4:00 p.m.
- **Description:** Slow down, get creative, and craft something meaningful. In this hands-on candle-making experience, you'll choose your scent, pour your own custom candle, and enjoy a peaceful moment of artistry in the middle of a high-energy weekend. It's the perfect blend of relaxation and creativity and leave with a personalized keepsake that carries the warmth of Leadership Weekend long after you head home.

High Ropes Course

- **Time Commitment:** 1.5 hours
- **Number of Participants:** 36 participants
- **Schedule:** 2:15-3:45 p.m.
- **Description:** The High Ropes Course is where everything you've learned about operating as a team comes to life. Up in the air, every step, reach, and decision becomes a shared effort—calling for clear communication, trust, and encouragement. You'll navigate suspended obstacles with the support of your group, celebrate small victories together, and discover how collaboration fuels courage. It's a powerful, joy-filled reminder that teams grow stronger not just by talking about unity, but by living it out one challenge at a time.

Climbing Tower

- **Time Commitment:** 1.5 hours
- **Number of Participants:** 60 participants
- **Schedule:** 2:15-3:45 p.m.
- **Description:** The Climbing Tower is where teamwork becomes tangible. As you climb, your teammates are literally holding the rope—encouraging you, keeping you safe, and helping you take the next bold step. Whether you're on the wall or on belay, you'll practice communication, trust, and steady support in real time.

Rock-Climbing Wall

The Hub

- **Time Commitment:** 15-30 minutes
- **Number of Participants:** 20 people per session
- **Schedule:** Ongoing
- **Description:** Take on a vertical challenge that pushes your focus, determination, and confidence. The Rock-Climbing Wall invites you to test your strength and problem-solving as you choose your route and make your way to the top. With teammates cheering you on from below, every move becomes a chance to practice perseverance and celebrate progress.

Hike House of Dreams/The Water Wheel

Start at The Porch

- **Time Commitment:** 1.5 hours
- **Number of Participants:** Come one, come all!
- **Schedule:** Departing at 2:15 p.m.
- **Description:** Step away from the noise and into the quiet beauty of Mt. Berry's trails as you journey with your group on a refreshing nature hike. Whether you're heading up to the historic House of Dreams on Friday or winding your way to the Water Wheel on Saturday, this experience invites you to slow down, breathe deeply, and enjoy the wonder of creation together. Along the way, you'll share conversations, take in sweeping views, and savor the simple joy of being outdoors.